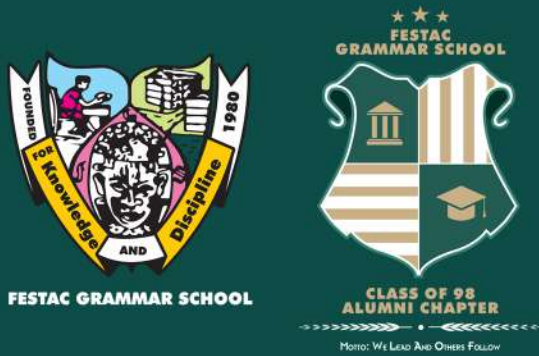




FGSCAA

WE LEAD AND OTHERS FOLLOW

WELCOME MESSAGE FROM BOT

GERALD AZONOBO



Dear FGS 98' Alumni.

I am deeply humbled to welcome you and your family to the Month of August; it shall be a month of harvest for you in every area of your life by God's special powers, Amen. We hope this finds you well and that you are staying safe and healthy. These are extremely unusual times we are dealing with that are causing difficult decisions to be made. The Alumni Association Board of Trustees appreciates your steadfastness and devotion to the growth of this association. Thank you for this opportunity to serve as your Board of Trustees' Chairman.

I stand on the shoulders of a line of very dedicated boards of trustees. I am grateful for the help and support of the newly constituted committees and members, each of whom brings distinct gifts and talents to our organization. The mission and commitment of our FGS 98' Alumni Association remains the same, to keep our alumni connected to our school, and each other, and to support the students who will follow as future FGS graduates. Building on traditions from the past, creating new ones and refocusing our efforts to build upon a strong history and foundation will be our goal as we move forward.

One of the first steps taken for the new fiscal year is to upgrade our social networking capabilities to reach out to our memberships via Facebook and Instagram and to work on pro activity of Alumni members to be engaged in future activities. The strength of our Alumni Association is our diversity. FGS Class 98' Alumni Association offers valuable networking opportunities that can and will harness solid professional relationships as well as educational topics that can improve our career and your personal relationship.

I am excited about your enthusiasm and honored to be working with so many wonderful FGSCAA members.

The newly constituted committee's leadership team are taking the Alumni Association to another level with their full weight thrown behind the progress of the association. The leadership directory is included in this bulletin so you know who they are and can reach out to them with questions or suggestions.

I am very passionate about our Alumni Association because it provides all of us an excellent opportunity to continue connecting with an amazing community and make it much stronger.

Thanks for all of your contributions. I look forward to connecting with you at one of our events this year.

I welcome your questions, comments, suggestions, or thoughts. Please contact me at 08105560080.

**Sincerely,
Gerald Azonobo
Chairman
BOT, FGSCAA**

BOT SECRETARY MESSAGE

HENRY EKPE



Social events are an important part of the FGSCAA mission. We are grateful to the Chairmen of Independence Day Party and Homecoming Weekend for all their effort to see that we have a good hosting at both events. Invitations will be forthcoming. I look forward to greeting you at these events. Through the newsletters, email blasts, Instagram, Facebook posts and our website, we will keep you informed of events and issues that touch you as an alumna. FGSCAA has many new members this year, including some who have taken on important roles in the organization. We are incredibly happy to welcome these talented individuals to the FGSCAA leadership team.

We welcome your involvement in FGSCAA. If you are interested in serving on a committee, please let us know. One way that you can help FGSCAA is to increase our membership. If you know people who graduated with Class of 98 and are not currently members, please encourage them to join FGSCAA. We invite you to serve on one of the FGSCAA committees and take a more active role in our work. If you are interested, contact the committee chair or me. On behalf of the FGS 98' Alumni Association, thank you for your support. I look forward to seeing you at one of our events this year.

Warm regards,
Henry Ekpe
Secretary

WHY SHOULD YOU JOIN? WHERE YOU BELONG!

Welcome to your FGS Class of 98' Alumni Association Family - Where You Belong. You belong to a family of more than 200 living FGS alumni. Your FGS Class of 98' Alumni Association is here to support you, just as family should. All Festac Grammar School Class of 98 graduates and former students are automatically General Members of the FGS Class of 98' Alumni Association, but your annual membership dues validate your membership where benefits are extended to you. Upgrade to a contributing

benefits, such as monthly issues of FGSCAA Bulletin, official membership packet with car sticker, lapel pin, Identity card and membership card, and a variety of discounts. Thanks to the support of our contributing members, your FGS Class of 98' Alumni Association is able to provide a multitude of programs and services for FGSCAA and friends. You do not have to be a graduate of Class of 98 to join.



MESSAGE FROM FGSCAA BOT

YOUR FEEDBACK IS IMPORTANT TO US.

The BOT wishes to use this medium to inform members that plans are on-going to embark on a "Membership Survey", tagged "The 2020 FGSCAA Membership Survey" which has two main purposes: (1) For leadership to learn what is working or not working for the membership; and (2) for membership to express interest in FGSCAA committees and other volunteer activities.

The commencement date shall be communicated soon to us, and we would love that everyone participates in this exercise, for the betterment of our Alumni Association. Your feedback is very paramount to us and the future of FGSCAA.

More information about the survey will be published in our WhatsApp group and website before mid-August. We will record the major presentations and make them available to you on our website to help you stay informed. Results of the survey will be shared to our emails and website for our consumption.

We want to help our members have healthy alumni association and being active is one of the key ingredients. FGSCAA can certainly help you with that! We will continue to provide important programs and social events. Let's work together to develop a strong, interactive alumni community which in turn will forge a successful alma mater. We don't just talk about problems and issues; we diligently work to discover effective solutions.

Thank You!
Thomas Kokobili
Member of the Board
BOT, FGSCAA

FGS 98' ALUMNI ASSOCIATION: THE BOARD AND STANDING COMMITTEE

Chairman of the Board

Gerald Azonobo

Secretary of the Board

Henry Ekpe

Member of the board

Ahamefula Mark

Member of the board

Adewale Aderoju

Member of the board

Abiodun Adetona

Member of the board

Thomas Kokobili

Membership, Reclamation & Retention Committee

Gbenga Oladiran - Chairman

Welfare Committee

Olatayo Gbemisola - Chairman

Alumni Relations & Student/Activities Committee

Oyeshina Yusuf - Chairman

Loan Committee

Maxwell Umeh - Chairman

Education & Scholarship Committee

Seun Sanni - Chairman

Fund Raising Committee

Zaheed Gidigbi - Chairman

Social Committee

Bomafaa Pedro - Chairman

Project Committee

Ini Joseph Eyop - Chairman

Career Networking & Business Development Committee

Adekunle Osobu - Chairman

Budget & Finance Committee

Iyoha Onuwabagbe - Chairman

FGSCAA DUES

ANNUAL MEMBERSHIP DUES

N2, 000 Flat for Every Fiscal Year July 1_{ST} - June 30_{TH}.
Dues support the monthly meetings, annual Conference, Retreats, Alumni Dinner during Commencement, and other special events throughout the year.

MEMBERSHIP BENEFITS

- Find below our proposed projects and events for 2020 Calendar Year:
- Eligible to vote in National Alumni Association elections (ALL Members)
 - Free admission to all FGSCAA Events and Programs (ALL Members)
 - Exclusive Alumni Gifts and Giveaways (Thousandaire ONLY)
 - Business to Business Referrals (Life, Thousandaire)
 - Exclusive Access the FGSCAA Website
 - Feature in the Alumni Bulletin (Thousandaire ONLY)
 - Exclusive Loan offers with FGSCAA Funds (Life, Thousandaire)
 - Notifications on exclusive employment and training opportunities (ALL Members)

FACTS OF THE MEMBERSHIP DUES

- 01. Generates revenue in the form of dues.
- 02. Helps you identify who really is a more active than passive supporter (i.e., they bothered to join, which is a form of engagement).
- 03. Members feel privileged to some extent ("first class citizen").
- 04. Places the school in front of constituents through cyclical marketing and renewal process.

ANNUAL WELFARE DUES

N5, 000 Flat for Every Fiscal Year July 1_{ST} - June 30_{TH}.
The Welfare dues is important but not mandatory, which means that only welfare due paying members gets the welfare packages.

WELFARE MEMBERSHIP BENEFITS

	N
- Wedding/Marriage Support	50,000
- Child's Dedication Support	30,000
- Member's Parent Funeral Support	30,000
- Member's Death Family Support	100,000

02 OLANREWAJU
ADEKOYA

09 CELESTINA
IDUWE

12 DANIEL CHIMAObi
AKUNNE

12 MAXWELL
UMEH

13 INI JOSEPH
EYOP

15 FELIX EZE
NKANU

31 KELECHI
NWUZOR



EVENT CALENDAR

12 AUG

FGSCAA 4TH YEAR ANNIVERSARY

HURRAY!!!! FGS Class of 98' Alumni Association will be 4 years old on the 12th of August since establishment in 2016.

We shall celebrate it virtually by way of exchanging gifts and pleasantries on the WhatsApp platform.

As we reflect back on where we have been over the past 4 years and where our school is going, we should think about how we can help meet the needs of those who will follow us. Many alumni are already participating at so many levels, giving of their time, talent and treasure. In big ways and in small, your contributions are important and valuable. As alumni, we are a vital thread in the fabric of our dear school, and your support and participation is as needed as ever as we enter this new era in our school's history.

In the year ahead, the leadership team will continue to focus on FGSCAA's purpose – "to represent, promote and protect the interests of the members and to promote the welfare of the Festac Grammar School."

01 OCT

INDEPENDENCE DAY PARTY/HANGOUT

Reconnect with old friends and classmates, see what's changed, what remains the same and celebrate your lifelong connection. Whether you attend a game or dinner night, one of the reunions, or another event, you don't want to miss the Independence Day Hang Out here in Lagos.

The Independence Day Party (IDP) Planning Committee are seeking your financial support to help plan this get-to-together to your very satisfaction. If you would like support or get more information on how to help, contact the IDP Committee Chair, Joseph Ini Eyop at 08025375045.

All alumni and friends are welcome!

18-20 DEC

HOMECOMING WEEKEND RETREAT 2020

Save the Date, **Homecoming Weekend 2020: December 18-20, 2020!**

THEME: "The Year That Changed The World"

It's more than just a party, it's an experience "The Year That Changed The World", and we're taking the experience and energy to another level.

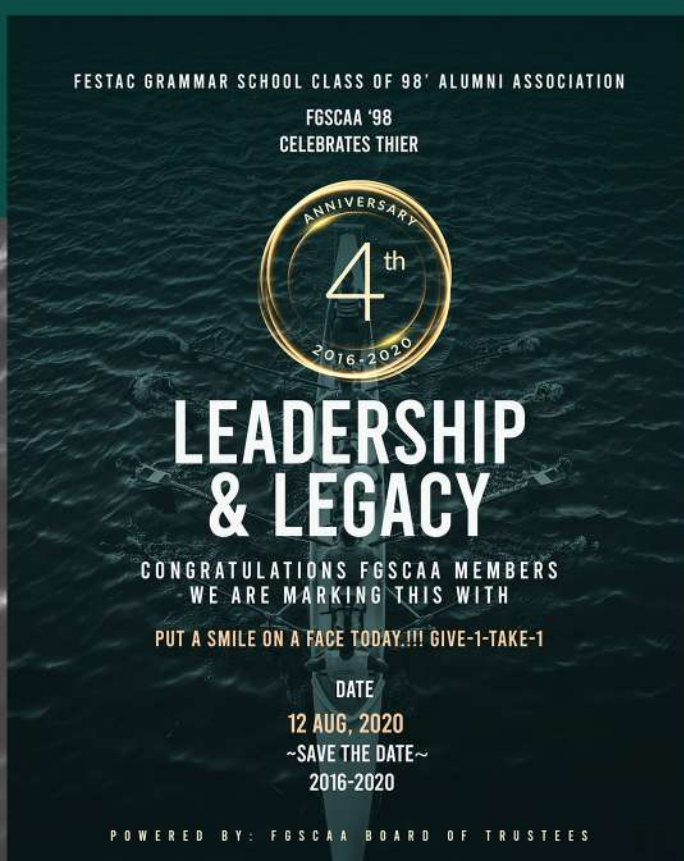
A portion of the proceeds will be donated to Festac Grammar School (FGS) in our The Year That Changed The World Scholarship Program and also to any Orphanage Home within FGS community. It's time to start giving back to our school consistently and we want to utilize our event to do so.

Date: December 18th- 20th, 2020

Location: Lagos, Nigeria

Sounds by: @DJBizzyfingers

A full schedule for the weekend will be released in November and registration is on already. You can also keep up-to-date on the Alumni Association's Facebook page. This event is hosted by your FGS 98' Alumni Association and we will ensure the time of your life. Save the Dates



FGSCAA NEWS/ANNOUNCEMENT

1. FGSCAA SELL YOUR MARKET INITIATIVE (SYMI) SEASON II

Welcome to SYMI SEASON II.

Here are a few guidelines for order and decorum. As usual everyone is expected to sell themselves the best way they know how according to how their names appear on the **SYMI PRESENTATION PLAN**.

You may want to:

1. Hire someone to write you something constructive; just ensure it is one document or one message (one post) - not more than 400 words.
2. Make a 1 minute video about your product/ service.
3. Create a one page flyer about your product/ service.
4. The house will be given 10 minutes to go through your presentation and 15 minutes for you to answer questions - making 25 minutes in all per presentation.
5. Start to finish days - August 10 to 14, then 17 and 18.
6. This event will only take place in the FGSCAA DASHBOARD ROOM.

We appeal for your full cooperation during this process, so everyone can adequately benefit from it. We look forward to seeing your businesses flourish after this season is over.

SYMI SEASON II will be coordinated and managed by the Career Networking and Business Development Committee.

For enquiries, please call the Committee Chairman, Adekunle Osobu, on +234 809 898 8802.

Thank you all.

We lead and others follow.

2. LATE MR CHRISTOPHER EFFIONG EYOP



Glorious Transition

The Eyop family announces the transition into eternal glory of their Father, Grandfather, Uncle and In-law

Late Mr
CHRISTOPHER EFFIONG EYOP

AGED **77** YEARS

Who slept in the Lord on Sunday 5th April, 2020
He resided at 24 Road, K Close, Block 1, Flat 13, Festac Town, Lagos.

FUNERAL ARRANGEMENTS

- **THURSDAY 6TH AUGUST, 2020.**
CHRISTIAN WAKE KEEP @ his home town, Eyop's Compound, Akon Itam, Itu L.G.A. Awka Ibom State. By: 5:00pm
- **FRIDAY 7TH AUGUST, 2020.**
FUNERAL MASS & INTERMENT
@ St. Hilary's Catholic Church, Akon - Itam, Awka Ibom State. By: 10:00am
- **SUNDAY 9TH AUGUST, 2020.**
THANKSGIVING MASS
@ St. Hilary's Catholic Church, Akon - Itam, Awka Ibom State.

May His Gentle Soul Rest In Peace Amen *Signed: The family*

THE FGSCAA BULLETIN

Published monthly and mailed to all current Members of FGSCAA, by electronic mail. The content can also be viewed at the FGSCAA's Website, www.fgscaa.org and Instagram. Relevant information for inclusion is welcomed and should be submitted by the 15th of the month preceding the publication by:

- emailing to fgs98bulletin@gmail.com
- Mailing it to the BOT to the attention of the FGSCAA Bulletin.

We do our best to include all pertinent information that our members would find interesting,

however if the materials are not received by the Editor on or before the 15th of the month, there is a chance that they may not be included in the next issue due to the time needed to

produce, print and mail the Bulletin. Our goal is to have it delivered by email to our members by the 1st of the following month. We reserve the right to edit submitted items for brevity and appropriateness. The Chairman BOT has the final responsibility for the Bulletin content.

Editor - Mark Ahamefula

Photography - Abiodun Adetona

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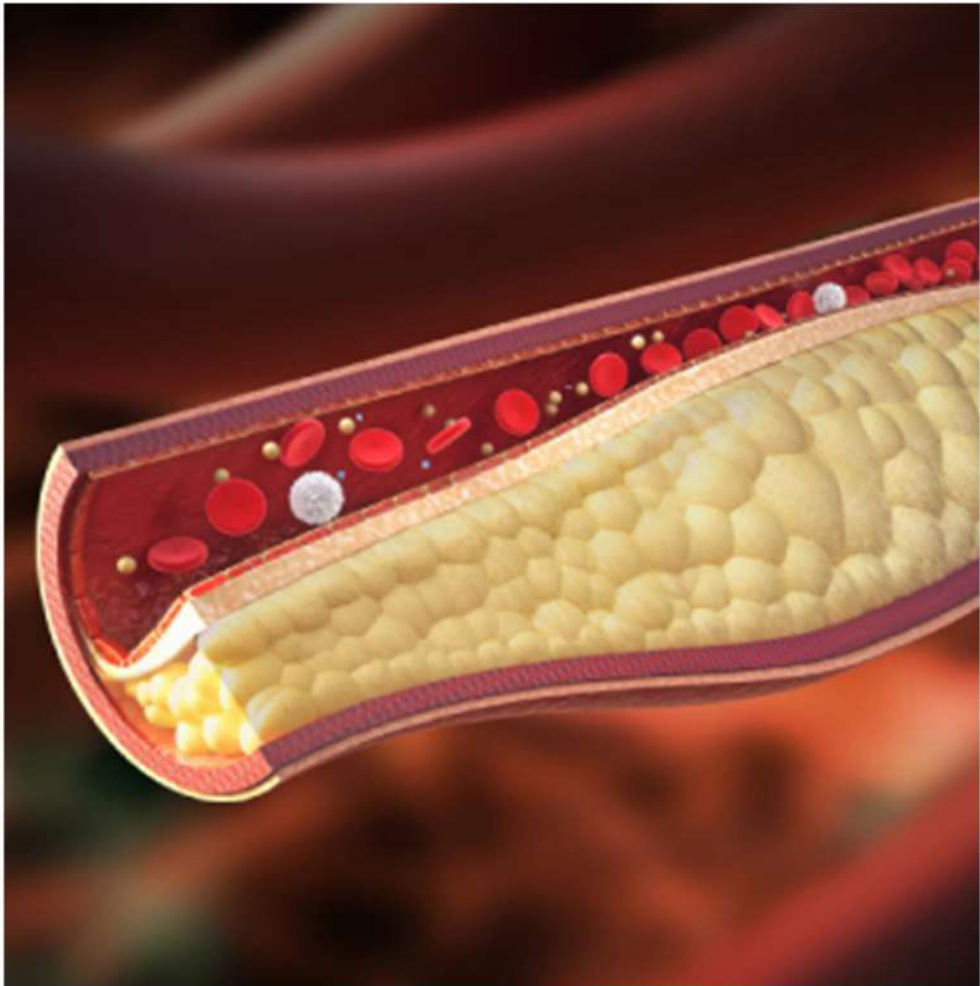
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HEALTH TIPS



WHAT IS CHOLESTEROL AND WHY DO YOU NEED IT?

“Cholesterol is essential for our bodies to function and without cholesterol you would die. In fact, the majority of the cholesterol in our blood comes from our own bodies making it. I don’t think a lot of people understand that concept. People mistakenly think they get most of their cholesterol from their food and that’s not true. Cholesterol is used to make hormones like estrogen and testosterone, is transported into the adrenal gland to aid in hormone synthesis, repair nerves, and make bile for fat digestion, it’s a structural component of our cells, it synthesizes vitamin D—it plays such a critical role in our body that we genuinely need it. If our levels of cholesterol are too low, that can play a negative role in our health, too, as a telltale sign of autoimmune disease or even cancer.”

Excerpt From
Cholesterol Clarity
Jimmy Moore & Eric C Westman

ARTICLES

MARK AHAMEFULA



ACCOUNTABILITY PARTNER

It is good to have someone checking on you from time to time. The idea behind this is just to keep you on your toes. If you choose not to keep up with it, nothing will suffer but your finance. This person is supposed to ask you questions about the goals you set and the progress you're making. You are equally supposed to do the same for this person. Together you can grow financially till you're independent.

This will give you the feeling of not being alone. The idea of sharing progress report with someone who is experiencing something similar to what you're experiencing will give you some comfort as you journey. As companions lifting yourselves, planning together can go a long way to make a solo race fulfilling.

You can also have strategy sessions to discuss best way forward and also punch holes in your ideas. You may not have to waste resources if during a strategy session you realize your companion has tried an idea you just came up with a couple of times and it didn't work. Iron can sharpen

and shape themselves if given the opportunity. Work at it with a friend.

“

As companions lifting yourselves and planning together can go a long way to make a solo race fulfilling. - Ahamefula Mark.

Live in your future now.

Ahamefula Mark.
CEO, AMO Company.

ONLINE BUSINESS

There are loads of things one can do online (from the comfort of your home) and make money but it will be easier when what you choose to do is something you are passionate about.

You need to study the market to know what the market needs. Though, in rare cases (like advancement in technology), people don't know what they want until they see it. However, an already identified need in the market may just be easier to meet and satisfy.

You can sell tangible and intangible goods; meaning you can sell goods and services online.

Also, ensure you have internet connection to receive mails and to log on to your online store. You need to manage that space to be able to advertise your product/ service and receive prompts from customers.

To sell goods online, for someone who is about to start a business, you can connect with an existing online store owner and place your goods in their store. Go for their training and learn to use their platform to promote your business.

Depending on how fast you make sales, restock; make sure you know when to reorder for products and how much time it will take for you to receive your goods. Your timing has to be accurate.

Consistency is key in this business. You should always have stock so you do not disappoint your customers.

If you are into the service business or content creation, it is highly possible that you will be unappreciated, underrated, undervalued and underpaid. Most people will place you under because they don't understand.

So, you have to do a lot more work; put what you've done out there. Send post on social media and put your testimonials, so they see the result of a service they are yet to fully understand.

There is actually no easy way to make money though there are loads of simple strategies. It will cost you time to build a brand, to be consistent, market and promote and some times, deliver what is required. Be ready to work.

All things are possible if you believe. You can learn whatever you need to learn to achieve the goals you set for yourself. All the best in your quest.

Live in your future now.

Ahamefula Mark.
CEO, AMO Company.

JOKES

"A man was telling his friends, "When my wife is infuriated, she starts shouting at me, at my children and even at our dogs, and nobody dares answer her." One of his friends asked, "And when you are angry, what do you do?" The man replied, "I also shout angrily at the windows, chairs, and doors of the house, and none of them dare to answer back!"

"A husband visited a marriage counselor and said, "When we were first married, my wife would bring my slippers when I came home from the office, and our cute little dog would run around barking. Now after ten years it's all different—I come home, the dog brings the slippers and my wife runs around barking." "Why complain?" said the counselor. "You're still getting the same service!"

POEM

WHAT IS YOUR SELLING POINT?

- BABATUNDE RAIMI

When all is done
And dusted for good
Like in a Parade
Featuring the finest
In the Military Cult
With a glow of pride
An insignia of valor

On that outstanding badge
An emblem of honour
What will be against your name?
What will you be recognized for?
What is your unique selling point
That you maximized to fruition?
Have a meeting with yourself
What is your USP?

When the course is finished
It will neither be what you have
learnt
Nor what you have earned
But whom you have become
To the glory of God
For the benefit of mankind

My dearest
Don't run their race
Run your race
Embedded within you
Are seeds of greatness
Waiting for manifestations
By the sons of man

For surely
Surely, you'll pass through the school of failure
Keep failing forward
And you will graduate with honours

Now and always
Life is a parade ground
At the shout of about turn
The last becomes the first
A product of grace
On a great journey
In pursuit of fulfilment and happiness

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CONTACT US

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